

Gluten Free - Dinner Menu

Starters

3.90
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7.90
7.9

Mains

Salmon Fillet, Leeks, Courgette, Prawn Bisque and Buttered New Potatoes	22.90
The Knapton Fish Pie, Salmon, Haddock, Smoked Haddock, Monkfish in a Creamy Parsley	21.90
Sauce, Cheddar Mash Topping, Buttered Vegetables, Samphire and Tiger Prawn	
Asian Spiced Belly Pork, Honey, Garlic, Red Chillies, Soy, Ginger, Spring Onions, Rice &	23.90
Pak Choi	
Wild Mushroom & Artichoke Stroganoff, Herb Pilaff Rice	19.90

22.00

Curry Corner

**Thai Spiced Malaysian Coconut Curry**, Coriander & Sesame Rice, Grilled Garlic Flatbread Choose From ;

King Prawn - 22.90 Chicken Fillets – 21.90

Aubergine, Sweet Potato & Fennel - 19.50



Beef Dripping Chips | Truffle Parmesan Chips | New Potatoes | 4.90 Sweet Potato Fries | Haloumi Fries

PLEASE NOTE; OUR FRYERS ARE NOT GLUTEN FREE SO WE CANNOT GUARANTEE NO CROSS CONTAMINATION WHEN COOKING CHIPS, FRIES & SWEET POTATO FRIES. WE ARE HAPPY TO SUBSTITUTE FOR A BAG OF CRISPS IF YOU WOULD PREFER



Starters

## Gluten Free Lunch Menu

Smoked Mackerel Pate, Filey Bay Whisky, Horseradish, Capers & Gluten Free Bread	9.90
Chicken Liver & Cognac Parfait, Red Onion Marmalade and Gluten Free Bread	8.90
King Prawn, Whitby Crab & Avocado Cocktail, Sriracha Marie Rose Sauce & Toasts	10.90
Our Homemade Soup Of The Day, Warm Bread & Butter	7.90
Mains	
Salmon Fillet, Leeks, Courgette, Prawn Bisque and Buttered New Potatoes	22.90
The Knapton Fish Pie, Salmon, Haddock, Smoked Haddock, Monkfish in a Creamy Parsley	21.90
Sauce, Cheddar Mash Topping, Buttered Vegetables, Samphire and Tiger Prawn	
Asian Spiced Belly Pork, Honey, Garlic, Red Chillies, Soy, Ginger & Spring Onions	23.90
Wild Mushroom & Artichoke Stroganoff, Herb Pilaff Rice	19.90
Sarries	
Beef Fillet Flash Fried Minute Steak & Caramelised Onions, Toasted Ciabatta,	15.90
Horseradish Mayonnaise, Beef Dripping Chips, Stock Pot Gravy	
Korean BBQ Pulled Pork Tacos[2], Sriracha Mayo, Shredded Green Onions, Coriander Cress,	12.90
Tomato Salsa & Chunky Chips	
Falafel & Hummus Tortilla Wrap, Pickled Pink Onions, Sun Dried Tomatoes, Mint Yoghurt	12.90
Green Salad, Sweet Potato Fries	

Sides

Beef Dripping Chips | Truffle Parmesan Chips | New Potatoes | Sweet Potato Fries | Haloumi Fries

4.90

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